

## MONDAY

**May 15** 9 am  
**Mens Breakfast at Denny's**

10-11 am  
French Conversation

10 am-noon  
Barclay Yarn Artisans

10 am-4 pm  
**Wellness with Shirley**

11:15-12:45 pm  
ESL Beginners with Chris

11:30-12:30 pm  
Spanish Beginners

**May 15** 11:30-12:30 pm  
Death & Dying Discussion

**May 29** 11:30-12:30 pm  
Relationships with Children

1-2 pm  
Choose to Move

1-4 pm  
**Bridge**

1:30-4:30 pm  
Mahjong, Introductory

3-4:30 pm  
Golden Guys Group



## TUESDAY

10:30-11:30 am  
Heritage Harmonies

11:15-12:45 pm  
ESL Intermediate with Iraj

11:30 am-12:30 pm  
**Walking Group**



12:30-3:30 pm  
Mahjong

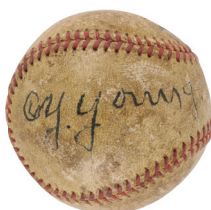
12:30-4 pm  
**Painting Studio with Graham**

1-3 pm  
Poker and Tea Time

1:30-3:30 pm FULL  
ESL Advanced with Walter

3-5 pm  
Tech Help with April

7-9 pm  
**Bingo for Life**



## WEDNESDAY

**Starts May 10** 9 am-2 pm  
**Hiking with Frank**

**May 24** 10 am start  
TRIP Steveston Pier

**May 10** 10 am-noon  
**Seniors Housing Focus Group**

10 am-noon  
Acoustic Sessions

10 am-noon  
Barclay Yarn Artisans

12-1 pm  
Tech Help with Ella

**May 17** 1-3 pm  
Coffee & Verse

1-3:30 pm  
Scrabble

1-2:45 pm  
German Conversation

**May 24** 1-4 pm  
Asian & Pacific Islander Event

2:30-4:30 pm  
Tech Help with Stanley

3-4:30 pm  
Spanish Intermediate

**May 31** 4 pm  
**Happy Hour at the Bayside**

**Until June 14** 4-5:15 pm  
**VFFL Dance Classes**

**May 24** 5:30 pm  
**Dinner Club at La Tavola**

# Activities & Events

SIGN UP **FRIDAY APRIL 28**

## THURSDAY

**Until May 4** 10 am–2 pm  
Tax Clinic

10 am–4 pm  
**Wellness with Shirley**

10–11:30 am  
TED Talks and Discussion

10–10:30 am  
**Nordic Walking Beginners**

10:30–11:30 am  
**Nordic Walking**

11:30 am–12:30 pm  
**Walking Group**

**Starts May 11** 12–2 pm  
Karaoke with Lan

3–4 pm  
**Hatha Yoga with Lisa**

3–4:30 pm  
Ukulele Players

## FRIDAY

10 am–noon  
**Theatre Playshop with Deborah**

10 am–noon  
Tech Help with Stuart

**May 5** 12–2 pm  
MOVIE “Frida”

**May 5** 1–4:30 pm  
Cinco de Mayo Festivities

**May 19** 12–1 pm  
MOVIE “Borrowed from Nature”

**Starts May 12** 1–2 pm  
Choose to Move

2–4 pm  
Men’s Shed / Fix it Fridays

1:30–3:30 pm  
Tech Help with Terry

3:45–4:45 pm  
Tech Help with Owen

## SATURDAY

9–10 am  
**Walking Group**



## SUNDAY

**May 28** 11 am  
**Brunch at the Sylvia**

**Until June 14** 4–5:15 pm  
**VFFL Dance Classes**

- Offsite: **Walking Group**
- Offsite: **Food/Drink**
- Onsite: **Guest Event**
- Offsite: **Community Event**
- Onsite: **Partner Event**

**Need to copy or print?**  
Feel free to use the printer in the computer lab, by donation. Please see new open hours, as posted.



### Tech Questions?

Ask April, Ella, Nitish, Owen, Stuart, Stanley, or Terry!  
Book tech help most days of the week in one-hour blocks.