

MONDAY

June 19 9 am
Mens Breakfast at Denny's

10-11 am
French Conversation

10 am-noon
Barclay Yarn Artisans

10 am-4 pm
Wellness with Shirley

11:15-12:45 pm
ESL Beginners with Chris

11:30-12:30 pm
Spanish Beginners

June 19 11:30-12:30 pm
Death & Dying Discussion

June 26 11:30-12:30 pm
Relationships with Children

12-2 pm
Community Lunch

1-2 pm
Choose to Move

June 5 1-2 pm
Intro to Yoga with Lisa

1-4 pm
Bridge

1:30-4:30 pm
Mahjong, Intro/Refresher

3-4:30 pm
Golden Guys Group

TUESDAY

10:30-11:30 am
Heritage Harmonies

11:15-12:45 pm
ESL Intermediate with Iraj

11:30 am-12:30 pm
Walking Group

12:30-3:30 pm
Mahjong

12:30-4 pm
Painting Studio with Graham

1-3 pm
Poker and Tea Time

1:30-3:30 pm FULL
ESL Advanced with Walter

June 20 3-4 pm
Marty's Racetrack Rundown

3-4 pm
Tech Help with Nitish

3-5 pm
Tech Help with April

7-9 pm
Bingo for Life

WEDNESDAY

10 am-noon
Acoustic Sessions

10 am-noon
Barclay Yarn Artisans

June 28 10-11:30 am
Assisted Living/Long Term Care

12-1 pm
Tech Help with Ella

1-3:30 pm
Scrabble

1-2:45 pm
German Conversation

June 7 2-4 pm
Ice Cream Day

3-4 pm
Hatha Yoga with Lisa

3-4:30 pm
Spanish Intermediate

June 28 4 pm
Happy Hour at the Bayside

Until June 14 4-5:15 pm
VFFL Dance Classes

June 21 5:30 pm
Dinner Club at Papi's

**Need
Tech
Help?**



Tech Questions?

Ask April, Ella, Nitish, Owen, Stuart, or Terry! Book tech help most days of the week in one-hour blocks.

Need to copy or print?

Feel free to use the printer in the computer lab, by donation. Please see signs for any class bookings.

Activities & Events

SIGN UP **WEDNESDAY MAY 31**

THURSDAY

10 am–4 pm
Wellness with Shirley

10–11:30 am
TED Talks and Discussion

10–10:30 am
Nordic Walking Beginners

10:30–11:30 am
Nordic Walking

June 8 11 am–noon
WECH CPC Safety Talk

June 22 11 am–noon
Heat Safety Workshop

11:30 am–12:30 pm
Walking Group

12–2 pm
Karaoke with Lan

3–4 pm
Hatha Yoga with Lisa

3–4:30 pm
Ukulele Players

FRIDAY

June 2 10 am–noon
Theatre Playshop with Deborah

10 am–noon
Tech Help with Stuart

June 9 10:30–11:30 am
Spotlight on Ageism BC CRN

12–1 pm
Tech Help with Nitish

12–2 pm
Community Lunch

June 2 12–1 pm
MOVIE “Sleeping Tigers”

June 23 12–1:30 pm
MOVIE “The Donut King”

1–2 pm
Choose to Move

June 23 1–2 pm
What Are You Drinking?

June 16 1–4 pm
Strawberry Festival

1:30–3:30 pm
Tech Help with Terry

2–4 pm
Men’s Shed

June 23 2:30–4 pm
Less is More: De-Prescribing

3:45–4:45 pm
Tech Help with Owen

SATURDAY

9–10 am
Walking Group

June 10 10 am–10 pm
VSO Day of Free Music







June 3 12–3 pm
WECH CPC Open House



SUNDAY

June 25 11 am
Brunch at the Sylvia

Until June 14 4–5:15 pm
VFFL Dance Classes

-  Offsite: **Walking Group**
-  Offsite: **Food/Drink**
-  Onsite: **Guest Event**
-  Offsite: **Community Event**
-  Onsite: **Partner Event**
-  Onsite: **Tech Help**

